

IMPORTANT DATES TERMS 3 & 4 2010

20 th October	VET Info Evening - Hospitality
26 th October	End of Year Music Concert
27 th October	Staff PD, 1.40pm Dismissal
1 st November	Year 12 exams commence
1 st November	Staff development/Student free day
2 nd November	Melbourne Cup Day
10 th November	Staff PD, 1.40pm Dismissal
12 th November	Out Of Uniform Day
15 th November	Year 11 exams commence
18 th November	Year 6 Information Evening
22 – 24 th November	Year 11 into Year 12 Orientation
24 th November	Staff PD, 1.40pm dismissal
29 – 1 st November	Year 10 into Year 11 Orientation
2 nd December	Students sell books to booksellers
3 rd December	Report Writing Day [no school]

7 th December	Orientation Day Year 7's 2011
	Second Hand Book Sales
10 th December	School Picnic – Luna Park
15 th December	Awards Evening

REPORTING STUDENT ABSENCES:

Please notify the relevant coordinator as soon as possible if your child is absent:

Year 12	Christine Farmakis	9458 6141
Year 11	Mary Anagnostopoulos	9458 6138
Year 10	Lyndal Roper	9458 6113
Year 9	Georgia Stavarakis	9458 6167
Year 8	Alan Williams	9458 6150
	Anne Herschell	9458 6150
Year 7	Grant Wason	9458 6168
	Helen Herouvim	9458 6170



STUDENT LEADERSHIP TEAM - SCHOOL CAPTAINS 2011

Congratulations to the following students who have been selected as our School Captains for 2011:
(from left) Rebekah.D (Ruthven Primary School), Emmanuel.P (St Mary's), Mary.M (Head Captain, Bell Primary), Alex.C (Northcote Primary School), Nu.T (Penders Grove Primary), Ben.D (Reservoir Primary School), Candice.S (Prices Hill Primary), Katerina.K (Fairfield Primary).

These students were chosen on the basis of their outstanding references and written applications.

Peter Egeberg Principal

THS News 15th October 2010

FROM THE PRINCIPAL

REFLECTING ON A THORNBURY HIGH EDUCATION

Last week I met with all the year 12 students in small groups and asked the following questions:

- What is one experience/event that you will always remember about Thornbury High?
- What is working well at the school?
- In what areas do we need to further improve?

The students were overwhelming in their gratitude to the school, coordinators and teachers. They identified the year 9 City School, the year 11 camp and the year 12 formal as events which stand out for them.

Athletics carnival day, where everyone is striving for their best but at the same time just having fun, I think that symbolizes THS, where we are all trying to achieve our very best while having fun and getting to know new people.

They acknowledged the importance of the relationships between teachers and students, teacher quality and support and the teachers' persistence in following up students not working or coping.

Teachers at Thornbury will never be forgotten because they helped me achieve goals higher than my expectations.

I am appreciative of the enthusiasm of the teachers and their willingness to give extra help when needed.

Comments related to concerns included:

- Space, facilities and student support needs to be maintained with larger numbers
- VCAL program needs to be more rigorous (set regular homework, teachers need to have higher expectations and students need to be more accountable)
- Canteen food, prices and overcrowding
- Upgrade sport facilities (gym, basketball courts and resurface ovals)

All groups commented on how the school is dealing well with bullying and the noticeable reduction in playground incidents. They commented on the high level of tolerance for those who are different.

The class of 2010 has certainly maintained the standards of previous years and I wish them all the best with exams and future studies.

Peter Egeberg Principal

CURRICULUM NEWS

PARENT / TEACHER INTERVIEWS

Parent-teacher interviews offer you the opportunity to speak to your child's teacher. It enables you to discuss your child's progress, both academically and socially. We encourage you to attend the interviews with your

child, and believe that together we can plan your child's future learning. Our attendance figures for the Semester Two parent/teacher interviews continue to be strong and we see this as an indication of parents willingness to become involved in their child's learning and provide support where needed. (Percentage of parents/students attending based on English teacher figures for semester two interviews)

YEAR	2010	2009	2008	2007	2006
7	70%	70%	77%	71%	81%
8	63%	62%	62%	50%	65%
9	65%	67%	67%	59%	42%
10	48%	62%	63%	57%	52%
Total	62%	65%	67%	60%	57%

2010 SURVEY OF YEAR 7 PARENTS

At the parent/teacher interviews in late term 3, eighty five year 7 parents completed the survey. The results are shown below

Do you believe that the school has provided a safe learning environment for your daughter/son?

Yes - 96%, No - 2%, Unsure - 2%

Is the level of communication between you (home) and the school satisfactory?

Yes - 90%, No - 3%, Unsure - 7%

Are you satisfied with the overall standard of education at the school?

Yes - 98%, No - 1%, Unsure - 6%

Has your child been able to develop skills in an area of interest such as music, sport, debating, leadership, art, media etc?

Yes - 84%, No - 12%, Unsure - 4%

Overall are you happy with your daughter's/son's first year at Thornbury High School?

Yes - 95%, No - 2%, Unsure - 3%

PARENT COMMENTS

Thank you to all parents for their feedback. The area of homework has been identified by parents as needing more attention. Comments included:- 'We are aware of the timetable but it's very difficult to get compliance from our child to actually do any on the scheduled days' and 'He isn't bringing his homework home'. We can assure parents that as a staff we are looking at ways to overcome the range of problems associated with the homework issue.

Some positive parent comments included:- 'It's a great school', 'We are extremely happy with THS - the teachers, education opportunities and extra-curricular activities. Our children love school and are progressing very well. Thank you'

PROFESSIONAL DEVELOPMENT AFTERNOONS TERM 4 2010

Staff professional development afternoons will continue to occur during Term 4, 2010. All staff at Thornbury High School will be participating in professional development activities on the following Wednesday afternoons between 2.30 pm and 4.30 pm:

- Wednesday 13th October
- Wednesday 27th October
- Wednesday 10th November
- Wednesday 24th November

The purpose of these afternoons is to further develop the teaching and learning practices of staff. This is part of the performance and development culture initiated by the Education Department and has been approved by the School Council. **All students will be dismissed at 1.40 pm on these days.**

Curriculum Team (Judy Stafford, Carmel Ryan and Christine Bartsh)

SCIENCE NEWS

YEAR 12 PHYSICS EXCURSION TO THE AUSTRALIAN SYNCHROTRON

At the end of last term, the year 12 physics students got the opportunity to visit the Australian Synchrotron which is a type of particle accelerator.

The Synchrotron accelerates electrons (around a huge evacuated ring) close to the speed of light. The electrons are forced into curved paths due to magnetic fields generated by large bending magnets. As the electrons accelerate around bends they produce radiation called synchrotron radiation.

The radiation is utilised by researchers for various applications including, investigating the hidden structure of fibres, improving medical imaging techniques and X-ray lithography used to construct micro machines etc. The class also got to perform various experiments during their visit.

M.Foster, J.Parry & year 12 Physics class.



INSTRUMENTAL MUSIC NEWS

END OF YEAR CONCERT 2010

Our biggest concert of the year, our Annual End of Year Concert is fast approaching. From 7:00pm on Tuesday October 26 you will hear the talents of all our Instrumental students from Year 7 - 12. Bring a picnic dinner with you or pizza / fish and chips are available to purchase. Parents please note there is no BYO, drinks are at bar prices.

There will be a silent auction happening and a raffle. First prize is a Squier Electric guitar pack, including a Squier SE-100 Electric guitar, Squier SP-10 Guitar Amplifier, instructional DVD, cable, electronic Tuner, gig bag, guitar stand, strap and picks. 2nd and 3rd prizes are acoustic guitars. Tickets are \$2 each and are available from the main office, music students, music Department or at the End of Year Concert on the night.

DONATIONS FOR SILENT AUCTION

Can you help donate something for our end of year silent auction? All types of vouchers are welcomed; in fact some of the more obscure items often raise the most money. Please contact me in the music department if you can help. Items can be left at the general office.

BUYING INSTRUMENTS

As we come to the end of the year, now is a great time of year to think about investing in a musical instrument. Owning your own instrument is encouraged in Year 8, and by Year 9, it is expected. If you are considering purchasing an instrument please talk to your instrumental teacher. They also make wonderful Christmas presents!

RECORDING STUDIO

The recording studio is up and running and available for hire. If you or someone you know wants to record for a great rate please contact me.

CAR BOOT SALE

The Music Department, Music Parents and 9/10 Sound Production class are putting on a concert and holding a car boot sale on Saturday November 27. This date is the State Election Day and Thornbury High School is a polling venue.

If you would like to be involved, purchase a space, perform music or help out please get in contact with me. The date will come by very quickly.

AMEB EXAM RESULTS

Congratulations to Michelle, 8G for achieving an A+ in her fourth grade violin AMEB exam. What a fantastic result!

Kyle Schutz Music Coordinator

SCIENCE TALENT SEARCH RESULTS

The Science Talent Search gives students an opportunity to complete their own scientific investigations, videos, and creative writing, and have them judged in the wider community. This year we had excellent results from the Year 8 High Achievers class. Harish was awarded a major bursary, and minor bursaries were awarded to William, Michelle, Hugh, and Mohamed. There were also six merit awards, so congratulations to all students who took part. The awards ceremony will be at Latrobe Uni on 3rd November.

Glenn Bason Science Teacher



AUSTRALIAN MATHEMATICS COMPETITION 2010-RESULTS

This year, a record 132 Thornbury High students from Years 7 to 12 took part in the Australian Mathematics Competition, a gruelling set of 30 questions which required a lot of brain power and considerable perseverance.

Their results were excellent, with the following certificates achieved:

- 1 High Distinction – Matthew Huang, top 1% of the State
- 14 Distinctions
- 30 Credits
- 35 Proficiency

Special mention must go to Henry Tran (7), John Block (7), Matthew Huang (8), Ethan Vogel (8), Hugh Heller (8), Harish Vallury (8) and Angus Yang (11) who all came in the top 10% of the State, awesome achievements each one considering the quality of the students across Victoria who take part. It proves yet again that Thornbury High is up there with the best of them.

Think it's easy? – Try one of the simpler question from this year's Junior paper:

Q: On my side of the street the houses are numbered 2, 4, 6, 8, 10, 12, 14 and 16. My house is positioned so that the sum of all the house numbers to the left of me is the same as the sum of all those to the right of me. What is my house number?

Simon Townley Mathematics Coordinator

CAREERS OFFICE NEWS

YEAR 12 VTAC APPLICATIONS

Congratulations to all Year 12 students who completed their VTAC applications by the timely closing date and completed their statements for the Special Entry Access Scheme.

By accessing the VTAC website at www.vtac.edu.au you can find out about changes to the courses you apply for, learn about the latest courses available or sign up for VNews.

There are a number of change of preference periods available, including the current period when you can make changes until 5pm on 29th October 2010. If you do make changes we would ask you to advise the Careers Office to discuss your changes. A further change of preference period will be available during November-December. Further information is available in your ABC of Applying Booklet provided to all students.

SCHOLARSHIPS

VTAC administers applications for scholarships at many Victorian universities. For a list of the scholarships available using the VTAC Scholarship Application refer to www.vtac.edu.au/scholarships.

VTAC administered applications close 5.00pm, Friday 29th October 2010

Most institutions offer scholarships. Further information about scholarships outside of the VTAC Scholarship application can be found on institutional websites.

A guide to university scholarships is also available in the Careers Office.

AUSTRALIAN CATHOLIC UNIVERSITY PERSONALISED CAMPUS TOURS:

Personalised campus tours are available at both of our Victorian campuses. For the Melbourne campus:

Contact: Karolina Karon on 03 9953 3300 / karolina.karon@acu.edu.au

SWINBURNE UNIVERSITY

We're getting ready for Change of Preference and our website is now up and running. The website gives your students the chance to find out all the details

about our Change of Preference activities and more about studying at Swinburne. Visit our Change of Preference website at www.swinburne.edu.au/2011

KANGAN INSTITUTE

Have a number of upcoming Information Sessions related to courses in Justice, Hospitality, Events and Tourism, Sport and Fitness etc. Visit their website at www.kangan.edu.au or call 13 TAFE for further information.

Kangan Institute is running a 2011 Scholarship Program, with five scholarships available in three categories: *Access and Equity*; *Rural*; and *Academic Achievement*.

Scholarships are available in many different diploma courses and the scholarship covers the cost of all enrolment fees associated with that course. You can find out more by checking out by calling **13 TAFE (13 8233)**.

To be considered for one of our scholarships students must apply through our website. They will need to provide details of their academic goals and meet all eligibility criteria.

Applications must be submitted by October 30, 2010.

BRIGHTON BAY DESIGN COURSES

Brighton Bay Art Design & Photography Program are interviewing students for 2011 intake.

Students can [apply direct](#) to the program by e-mailing their application form from

the web site - www.brightonbay.net or by ringing the program (03) 9531 9566 for an interview date and time. Interviews start in mid November onwards.

The 2010 Brighton Bay Art Design & Photography Graduate Exhibition will be held from November 5th to 7th.

Meredith Gill Careers Coordinator

BUDDIES R US

School Council is looking for interested parents/carers of Year 7 and 8 students to become buddies to *new 2011* Year 7 parents/carers.

Yes – even big people need a buddy sometimes!

This innovative project is being established by the Thornbury High School Community Connections Sub-Committee to support and assist new parents/carers with the transition from primary school and to promote closer community connections within the school.

If your child is in either Year 7 or Year 8, you, with your recent experience of transition from primary school, could be an ideal person to get involved and be part of this volunteer group.

All enquiries about becoming a buddy should firstly be directed to the school on 9480 4066 or by emailing thornbury.hs@edumail.vic.gov.au The fabulous office staff will then forward your details to us for reply.

We look forward to meeting you, buddy.

**Deb Benetti, Kathy Dillon and Deb Munro
Community Connections**

SENIOR SCHOOL NEWS

YEAR 12 STUDENTS

As we welcome back all students from the term break we also begin our celebration activities for our Year 12 students who are finalising coursework material and beginning preparations for their end of year exams.

On Wednesday October 20th, we officially say goodbye and good luck with a whole school assembly. On Thursday October 21st Year 12 students sit their final classes dressed in their most creative fancy dress wear. We will have a fashion parade at recess and prizes will be given out for the most creative costumes. We encourage all students to come and join the fun. On Friday we will spend the day at St.Kilda beach for our annual Year 12 Picnic.

Students then begin SWOT VAC. (Study without teaching Vacation) we encourage students establish a revision program to ensure best study habits leading up to their final exams. Students can come into the Senior School Centre and study here, use computers and make appointments to see their subject teachers. (Students are not required to be in uniform during Swot Vac.) All students have been issued with their exam timetables and should keep this in a safe place. For most of our students English /ESL will be their first written exam on Thursday October 28th, 2010. We wish all students well for their exam preparation and look forward to seeing some very pleasing results in December.

YEAR 11 STUDENTS

Year 11 students have been issued with Course Selection Forms for 2011. Students are reminded that they only choose five subjects for Year 12. We would encourage them to speak to their subject teachers and coordinators if they have any questions. Parents are encouraged to discuss the 2011 course with their child and contact the Senior School if they have any questions. Completed and signed forms need to be returned to the school by Friday 15th October.

A reminder that students enrolled in a Year 12 subject this year will finalise their course by October 21st. Following this, students will have study blocks in place of their Unit 3 and 4 subject. Students should use this time to revise for their exams.

VCAL STUDENTS

Late last term, students in Year 10 who expressed interest in the 2011 VCAL program were interviewed by our current Year 12 VCAL students. Questions focused on career pathways, knowledge of VCAL and general work ethic. The Senior School Team will use this information along with Semester Two results to determine final places for the 2011 Year 11 Program.

Last week several representatives from Jobs Plus, and Selma visited the school to discuss Apprenticeships and Traineeship options to our VCAL students. A number of students expressed interest in Aged Care Nursing, Childcare, Sport and Recreation and Retail. Students who completed and expression of interest will be contacted and informed of the next stage of the interview process. If you would like any further information on School Based Apprenticeships or Traineeships, please contact the Senior School.

Senior School Team [Maria Ioannidis, Mary Anagnostopoulos, Christine Farmakis]

ENERGY DRINKS: THE REAL RISKS & HEALTHIER ALTERNATIVES



In recent times, energy drinks such as Red Bull and Mother have become popular options for people looking for a quick energy boost. These types of drinks are often marketed as an easy way to 'pep up' and boost energy and

concentration levels- some brands even claim to make you more attractive to the opposite sex!

The key ingredients in these drinks include caffeine, guarana, taurine and sugar- lots of it! While none of the common active ingredients in energy drinks seem to be particularly harmful alone, there has been **limited research studying the combination of these ingredients on health.**

But what we do know is that misusing these drinks- drinking too much- can lead to some major health risks. Medically, it is suggested that adults do not consume more than a 1 x 200ml can per day. Consuming more than this 'safe amount' can lead to the following health problems:

- Caffeine is a 'stimulant' and can be highly addictive. Consuming too much caffeine may lead

to **anxiety attacks, heart palpitations and insomnia.**

- Energy drinks mix 'natural ingredients' with a range of synthetic and highly toxic chemicals, the effects of which are still unknown
- Energy drinks only deliver a quick dose of 'energy'...and it doesn't last long! This 'energy boost' only lasts for a short time before you feel tired again!

Unfortunately many people ignore these health warnings and drink many more than suggested...including many students looking for something to sustain their energy throughout the day. Here are some healthier alternatives to try:

1. **Eat breakfast.** Eating something in the morning can rev up your metabolism and start your day out right.
2. **Eat every few hours.** Oftentimes we get tired because our blood sugar drops too low. To prevent the drop, try and eat a healthy meal or snack every few hours.
3. **Drink water.** If you're dehydrated, you will feel fatigued. Get your 8-10 8 oz glasses to keep you awake.
4. **Decrease sweets.** Consuming products high in sugar will lead to a peak in blood sugar and then a major drop. The drop is what leads to feelings of fatigue. If you cut out sweets, you'll avoid the blood sugar swings.
5. **Exercise!** Getting your blood flowing and getting into shape will increase your metabolism and stamina
6. **Sleep.** You'll always feel tired if you don't get your Z's. Try to slow down and aim for at least 7 hours of sleep per night.

For more information on the dangers of Energy Drinks please speak to your Youth Worker Jo.A or School Nurse Emily Graham.



PLEASE NOTE: Due to the information we have received and after discussion we have decided to **ban all energy drinks** in the school. We hope that parents/guardians will support us with this decision. If you have any concerns, please do not hesitate to contact me.

Meredith Stephenson Assistant Principal

SECONDHAND UNIFORM SHOP

Open: Every Monday (during term), 3.00 – 4.00pm
Location: First Aid Room 1 (near Reception)

- New pricing structure. **You now get 50% of the selling price.** See THS website for further details. A Seller's Form appears on page 8.
- We still need more stock! Don't forget to go through your wardrobes and bring in anything that's in good or excellent condition for sale.
- Please place all uniform items in a plastic bag with your Seller's Form and drop into front reception. Donated items are appreciated.
- We are only able to accept CASH or EMA entitlements.

Contact Jenny Hutchinson at the school, on 9480 4066 with any queries.

EDUCATION MAINTENANCE ALLOWANCE

There are still a number of EMA cheques that have not yet been collected from the General Office. Please contact the school on 9480 4066 to allocate any unused portion of your EMA and to see if you have a cheque to collect so that it can be finalised for the year. Also, a reminder to all parents/guardians that they will need to reapply for EMA for 2011.

Professional Tutoring in
MATHS & ENGLISH for PRIMARY,
SECONDARY, VCE students



Fairfield
9486 4000
Pascoe Vale South
9354 5588
Essendon
9331 0288
www.kipmcgrath.com

WANTED: JUNIOR & SENIOR CRICKET PLAYERS

The **Preston Baseballers Cricket Club** is proud of its success over the past decade and our under 17's have won back to back premierships over the last 2 seasons. We believe that our junior playing stocks are the key to our future success and we have invested in their improvement accordingly. Our home ground is located on the corner of Bell and Albert St.

All age groups welcome!!

For details ring Peter: 0413 504 790
or Email: prestonbaseballers@hotmail.com

President Secretary
Phil Crooks Ben Bliss
0400 226 532 0411 278 477



CRICKET CLUB

cobras@club.cricketvictoria.com.au
Unit 3/178 Dunne St
Kingsbury 3073
Home Ground: C.T Barling Park, Plenty Road
Reservoir

PLAYERS WANTED

Presently Cobras Cricket Club is currently looking for new players for our under 11s through to Under 17s; we also run a beginners program (Milo In2 Cricket) for ages 5-10yrs.

If you are interested in getting involved and require more further information,

Email: flinny_23@hotmail.com

Mobile: 0401 904 930 [Michael Flinn]

IVANHOE EDUCATION CENTRE

IVANHOE EDUCATION CENTRE has put together a program to cater for the needs of students in Reading, Writing, Language Conventions (Spelling, Grammar and Punctuation) and Numeracy. This program will be ideal for students who have completed the NAPLAN tests and also for students who will be sitting the NAPLAN tests next year.

We have customised programs which specialise in literacy and numeracy and these programs will provide for the needs of the individual student. With over 25 years' experience in the field of education, we possess the knowledge and capability to deliver results.

Do not delay! Time once lost can never be recovered. Give your child a chance before it is too late. Call us to enable your child or children to excel in their studies or even if they need help in attaining the desired results. We will conduct an assessment at no cost to you and customise a program to suit their needs.

Please call 0419-553-697 or send an email to ivanec@optusnet.com.au

To Sell Secondhand Uniforms

Thorbury High School, Contact: Jenny Hutchinson, Ph: 9480 4066
 * = *Required Fields*

*Date items deposited for sale:		*Current Year Level:		*Student ID:	
*Student name:					
*Family name that the credit is to be applied to:					
Address:					
			Postcode:		
*Phone (business hours)			*Phone (after hours)		
			*Email:		
We cannot accept: Anything with the old logo or not part of the uniform (e.g. windcheaters) (They will be discarded if submitted) Repair, wash, iron and fold the clothes you wish to sell. A little effort here may make the difference between you being paid for the item or not. Fill in this form, listing one item per line. Use the bottom of the page if you have more than one of an item. No receipts are issued but this form can be consulted at the shop. You should make a photocopy of this form for your records. Shop volunteers will grade items: Excellent = as good as new, sell for 60% of new price. Very Good = very good condition, sell for 50% of new price. Good = the broadest category, sell for 40% of new price. You will receive a credit for 50% of the selling price of good, very good and excellent quality items after they sell. Credits will be issued against the family of the student. The balance is retained by the committee for school fundraising. Poor = Stains, holes, broken zips, missing buttons, worn thin, poor quality repairs, items undone, etc. sell for 25% of new price. Poor quality goods are regarded as donations – you will not be paid for them. N.B.: Poor quality items require washing, soaking, mending, etc. by the volunteers. Any item submitted in poor condition that cannot be brought up to a minimum acceptable standard for Thorbury High School, will need to be disposed of at our discretion, without notification to the seller.					
ITEMS	Tick to sell	Size	Office use (Condition code & comments)	Office use Code	
Pullover				001	
Summer Dress				002	
Winter Skirt				003	
Girls Slacks				004	
Boys Trousers				005	
Boys Shorts				006	
White Shirt				007	
Tie				008	
Polo Top (White)				009	
Polo Top (Gold)				010	
Sports Shorts				011	
Track Pants				012	
Track Top				013	
Rain Jacket				014	
Cap				015	
Other					
Other					
Other					
Other					

Signature of Seller: _____

Date: _____

JJJ Thorbury High School Music Department JJJ
 Proudly present the



2010

END OF YEAR CONCERT

Tuesday 26th October
6:30 for 7pm Start
Furlan Club
1 Matisi St. Thorbury

Adults \$12, Conc/Non-Perf Students \$6
Family \$25

BYO Picnic dinner
Pizza/Fish & Chips available at the bar
Drinks at bar prices
Raffle and Silent Auction

